



## What to Bring to UCA Camp

### Per Squad

- NEW FOR 2018:
  - Hula Hoop
  - Poster board (1 for every 5 participants) and materials to decorate it
  - Yarn for the Team Unity Ceremony
  - Space Jam Rally Outfits
- SPIRIT RAISING PROPS
  - Poms, Signs & Megs
- UNIFORMS
  - May be worn during Evaluations & Final Day if desired but are not required.
- SPACE JAM RALLY OUTFITS
- During UCA Camp, there will be a Space Jam Rally! Teams are encouraged to dress for the rally's theme. Here are some outfit ideas: Aliens, planets, metallic, galaxy prints, astronauts and anything and everything out of this world!
- COMPLETED LIABILITY RELEASE FORMS
  - For each person, this includes Advisors, Chaperones & Coaches. Turn in at the registration table at camp check-in. UCA must have the original copy. DO NOT send forms to the UCA office.
- CHEER ATTIRE
  - T-shirts, shorts, cheer shoes, briefs, sports bras, socks and ribbon. Most teams wear matching outfits although it is not required. Contact your Varsity Spirit Fashion Rep for camp wear today!
- TEAM UP FOR ST. JUDE LETTERS
  - Pre-order your fundraising letters at [stjude.org/varsity](http://stjude.org/varsity) or have each team member bring two addresses to complete them at camp!

### Per Participant

- BED LINENS - SHEETS, BLANKETS, PILLOWS
- CAMERA
- MEDICATIONS
  - Most camps have First Aid personnel on duty; however, it is recommended that each squad brings sunscreen, lip balm, bandage or tape, medications for muscle soreness or headaches. Varsity Spirit is not allowed to administer any medication at camp.
- NOTEBOOK & PEN
  - Bring daily to all classes.
- PAJAMAS
- PHONE & CHARGER
- RAIN COAT &/OR UMBRELLA
- SNACKS
- SPENDING MONEY – OPTIONAL
  - Most cheerleaders bring \$50-\$75 for snacks and merchandise.
- TOILETRIES/ TOWEL